



Wild Coast Yoga

RAGLAN

Presents
Raglan Yoga Retreat at Solscape
6th - 8th December



Body . Mind . Spirit

HIGHLIGHTS



2 nights accommodation in a Tipi. Located in the Tipi Forest at Solscape



Delicious wholefood meals from the earth to your plate



Daily yoga classes



Botanical Body Scrub workshop



Cacao ceremony



Meditation practice



Free time to explore Raglan town, coffee, the beach or to relax at Solscape



Bush walk to Bridal Veil Falls



Exclusive Gift bag including your own Wild Coast Yoga mat and Crystal Elixir water bottle to take home!



Skill level: Beginner / Intermediate



Style of yoga: Energising Vinyasa Flow, Meditation & Yin, Mandala closing Ceremony

WE LOOK FORWARD TO SEEING YOU ON THE 6TH OF DECEMBER IN RAGLAN!

We will send you more information closer to the date, but if you have any other questions, please feel free to contact Bridget & Monica:

wildcoastyoga@gmail.com

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